



**TOPIC: Visionary Leadership/ Necessary Endings**

# WHAT NEEDS TO END SO WE CAN GROW?

# 25

**Dr. Henry Cloud**

*Clinical Psychologist, Leadership Consultant, Best-Selling Author*

## VIDEO SUMMARY:

Dr. Henry Cloud explains the concept of “seasons” in leadership. One key to leading change is to understand that certain things need to end.

## DISCUSSION QUESTIONS:

- Henry’s premise is simple: In order to move forward into the good future you want for your life or organization, you need to end some of the things you are doing today. But it is hard to let things end.

On a flip chart, make two columns. On the left side, identify the activities in your team or organization that are currently fruitful and driving results. On the right side, identify the activities that take time and/or resources away from your more fruitful activities.

Activities that are bearing fruit and vitality	Activities that may have had their season



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2. Looking at the right side of your chart, how does the thought of “ending” those activities make you feel? What would be lost if your team stopped doing those activities? What would be gained?
3. For each activity, identify the barriers that exist to “ending” those things? How could your team overcome those barriers?
4. If this activity gave your team resolve to move forward and “end” something, close by determining the timeline and next steps needed to make those changes.